

October 9-20<sup>th</sup>

BE

Inspired  
BY Food



For a limited time each month, our **Fuel** program mixes things up at lunchtime by introducing recipe specials with fresh new flavors that students want!

**MADE FRESH**  
in our **Kitchen**

### CHICK 'N' CHEESE HOT GRILLER

W/ CHEDDAR CHEESE AND  
ROASTED RED PEPPERS



CALORIES	346
TOTAL FAT	12g
SODIUM	625mg
TOTAL CARBS	34g
SUGARS	4.5g
PROTEIN	25g



### STEAK 'N' CHEESE HOT GRILLER

W/ SAUTÉED ONIONS AND  
CHEDDAR CHEESE



CALORIES	332
TOTAL FAT	12g
SODIUM	556mg
TOTAL CARBS	36g
SUGARS	5g
PROTEIN	20g



To help students make nutritious choices and form healthy habits, our schools offer **free samples** of featured menu items and provide associated wellness messages!

Feedback?

We want to hear from you

Please contact your district food service office with comments and feedback about your school's meal program.

**HEALTHY**  
ingredients