


Monday	Tuesday	Wednesday	Thursday	Friday
2 HAM & EGG MUFFIN MELT French toast sticks with Syrup Blueberry Yogurt Parfait Applesauce	3 BACON EGG & CHEESE BURRITO Egg & Cheese Biscuit Strawberry Yogurt Parfait Pears	4 EGG, CHEESE & BACON PIZZA Cheese & Egg Muffin Melt Blueberry Yogurt Parfait Peaches	5 SAUSAGE, CHEESE & EGG BISCUIT Whole Grain Pop Tart Strawberry Yogurt Parfait Banana	6 HAM & CHEESE FLATBREAD Pancakes with Syrup Blueberry Yogurt Parfait Peaches
9 COLUMBUS DAY NO SCHOOL	10 EGG, HAM & CHEESE BISCUIT Whole Grain Pop tart Strawberry Yogurt Parfait Applesauce	11 MINI WAFFLES Bacon, Egg & Cheese Pizza Blueberry Yogurt Parfait Peaches	12 CHEESE & EGG BISCUIT Egg, Cheese & Ham Burrito Strawberry Yogurt Parfait Banana	13 PANCAKES WITH SYRUP Ham, Cheese & Egg Flatbread Blueberry Yogurt Parfait Peaches
16 HAM, EGG & CHEESE MUFFIN MELT French toast Sticks with Syrup Blueberry Yogurt Parfait Pears	17 BACON, EGG & CHEESE FLATBREAD Egg & Cheese Biscuit Strawberry Yogurt Parfait Applesauce	18 WHOLE GRAIN POP TART Egg, Bacon & Cheese Pizza Blueberry Yogurt Parfait Apple	19 HALF DAY DISMISSAL AT 11AM HAM, CHEESE & EGG BURRITO Egg, Sausage & Cheese Biscuit Strawberry Yogurt Banana	20 SUPT. CONFERENCE DAY NO SCHOOL
23 PANCAKES WITH SYRUP Egg, Sausage & Cheese Muffin Melt Blueberry Yogurt Parfait Oranges	24 EGG & CHEESE BISCUIT Egg, Cheese & Bacon Flatbread. Strawberry Yogurt Parfait Apples	25 BACON, EGG & CHEESE PIZZA Cheese & Egg Muffin Melt Blueberry Yogurt Parfait Applesauce	26 BACON, CHEESE & EGG BISCUIT French toast Sticks with Syrup Strawberry Yogurt Parfait Banana	27 FREE FRIDAY! EGG & CHEESE MUFFIN MELT Egg, Cheese & Ham Flatbread Blueberry Yogurt Parfait Peaches
30 MINI WAFFLES Egg, Sausage & Cheese Muffin Melt Blueberry Yogurt Parfait Oranges	31 HAPPY HALLOWEEN! PUMPKIN DONUTS Egg, Bacon & Cheese Biscuit Strawberry Yogurt Parfait Apples			

Assorted Cereals Offered Daily, Assorted Juices Offered Daily
 Local ingredients are always used when in season

Prices: Students \$1.00, Adults \$2.30(tax included)

Fresh Fruits Offered Daily

Whole Grain Breads and Bread
 Products Offered Daily

Milks: 1% white, Fat Free white, Fat Free
 Chocolate Offered Daily

Ova-Lacto Vegetarian may contain Egg & Milk