

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> FRENCH TOAST STICK WITH SYRUP Egg, Ham & Cheese Muffin Melt Blueberry Yogurt Parfait Blueberry Muffin Applesauce	<b>3</b> BACON, EGG & CHEESE BURRITO Egg & Cheese Biscuit Strawberry Yogurt Parfait Banana Muffin Peaches	<b>4</b> BACON, EGG & CHEESE PIZZA Cheese & Egg Muffin Melt Blueberry Yogurt Parfait Chocolate Chip Muffin Peaches	<b>5</b> SAUSAGE, CHEESE & EGG BISCUIT Whole Grain Pop Tart Strawberry Yogurt Parfait Blueberry Muffin Banana	<b>6</b> HAM, EGG & CHEESE FLATBREAD Pancakes with Syrup Blueberry Yogurt Parfait Banana Muffin Peaches
<b>9</b> COLUMBUS DAY NO SCHOOL	<b>10</b> EGG, HAM & CHEESE BISCUIT Whole Grain Pop Tart Strawberry Yogurt Parfait Banana Muffin Applesauce	<b>11</b> BACON, EGG & CHEESE PIZZA Mini Waffles Blueberry Yogurt Parfait Chocolate Chip Muffin Peaches	<b>12</b> BACON, CHEESE & EGG BISCUIT Egg, Cheese & Ham Burrito Strawberry Yogurt Parfait Blueberry Muffin Banana	<b>13</b> HAM, EGG & CHEESE FLATBREAD Pancakes with Syrup Blueberry Yogurt Parfait Banana Muffin Peaches
<b>16</b> EGG, HAM & CHEESE MUFFIN MELT French toast Sticks with Syrup Blueberry Yogurt Parfait Blueberry Muffin Peaches	<b>17</b> EGG & CHEESE BISCUIT Bacon, Egg & Cheese Flatbread Strawberry Yogurt Parfait Banana Muffin Applesauce	<b>18</b> WHOLE GRAIN POP TART Egg, Bacon & Cheese Pizza Blueberry Yogurt Parfait Chocolate Chip Muffin Fresh Apple	<b>19</b> HALF DAY DISMISSAL AT 11AM HAM, CHEESE & EGG BURRITO Egg, Sausage & Cheese Biscuit Strawberry Yogurt Blueberry Muffin Banana	<b>20</b> SUPT. CONFERENCE DAY NO SCHOOL
<b>23</b> PANCAKES WITH SYRUP Cheese, Sausage & Egg Muffin Melt Blueberry Yogurt Parfait Blueberry Muffin Oranges	<b>24</b> EGG & CHEESE BISCUIT Egg, Cheese & Ham Flatbread Strawberry Yogurt Parfait Banana Muffin Apples	<b>25</b> BACON, EGG & CHEESE PIZZA Cheese & Egg Muffin Melt Blueberry Yogurt Parfait Chocolate Chip Muffin Applesauce	<b>26</b> BACON, CHEESE & EGG BISCUIT French toast Sticks with Syrup Strawberry Yogurt Parfait Blueberry Muffin Banana	<b>27</b> FREE FRIDAY! HAM, EGG & CHEESE FLATBREAD Egg & Cheese Muffin Melt Blueberry Yogurt Parfait Banana Muffin Peaches
<b>30</b> MINI WAFFLES Egg, Sausage & Cheese Muffin Melt Blueberry Yogurt Parfait Blueberry Muffin Oranges	<b>31</b> HAPPY HALLOWEEN! PUMPKIN DONUTS Egg, Bacon & Cheese Biscuit Strawberry Yogurt Parfait Banana Muffin Apples			

Assorted Cereals Offered Daily, Assorted Juices Offered Daily  
Local ingredients are always used when in season

Prices: Students \$1.00, Adults \$2.30(tax included)

Fresh Fruits Offered Daily

Whole Grain Breads and Bread  
Products Offered Daily

Milks: 1% white, Fat Free white, Fat Free  
Chocolate Offered Daily

Ova-Lacto Vegetarian may contain Egg & Milk

Monday

Tuesday

Wednesday

Thursday

Friday

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