Malone Middle School Lunch

May 2015

27
side items

28
side items

29
side items

30
side items

1
Free Friday!!
Pepperoni Pizza
Fish Burger on Whole Wheat Bun
Mixed Green Salad
side items
Blueberries, Diced Pears, Cucumber Slice

4
Sweet and Sour Popcorn Chicken
Cucumber & Tomato Salad
Turkey & Cheese Wrap
Tater Tots
side items
Fresh Pizza
Fresh Apple, Pineapple Tidbits, Baby Carrots

5
Cinco de Mayo
Chicken Chipotle Wrap (De Pollo y Queso Eshlo Judeoeste)
Cheesy Quesadilla
Roasted Corn On The Cob
side items
Pizza Neuvo
Fruit Cocktail, Fresh Orange Wedges, Baby Carrots

6
Sloppy Joe Sandwich
Chicken Nuggets, Breadsticks
Sweet Potato Tots
side items
Fresh Pizza
Fresh Banana, Diced Peaches, Fresh Broccoli

7
Chicken & Bean Nachos, Mexican Spiced Rice
Cheeseburger
Kickin' Pintos
side items
Fresh Pizza
Fresh Cantaloupe, Apple Sauce, Celery Sticks

8
Free Friday!!
Cheese Pizza
Rotini w/ Italian Meat Sauce
Mixed Green Salad
side items
Strawberries, Diced Pears, Steamed Broccoli

11
Grilled Cheese and Bacon Sandwich
Cheeseburger
Seasoned Green Peas
side items
Fresh Pizza
Fresh Apple, Pineapple Tidbits, Baby Carrots

12
Beef & Bean Burrito
Chicken Patty Sandwich
Refried Beans
side items
Fresh Pizza
Fresh Orange Wedges, Fruit Cocktail, Celery Sticks

13
Jumbo Cheese Stuffed Shells w/ Alfredo Sauce
Spinach Salad, Turkey & Cheese Sandwich
side items
Fresh Pizza
Banana, Diced Peaches, Steamed Carrots

14
Chicken Pot Pie
Turkey & Cheese Sandwich
side items
Fresh Pizza
Cantaloupe, Baby Carrots, Applesauce

15
Free Friday!!
Pepperoni Pizza
Fish Burger on Whole Wheat Bun
Mixed Green Salad
side items
Blueberries, Diced Pears, Cucumber Slice

18
Chicken Quesadilla
Ham & Turkey Club
BBQ Black Beans
side items
Fresh Pizza
Fresh Apple, Pineapple Tidbits, Fresh Broccoli

19
Baked Lasagna
Turkey Chef Salad w/ Roll
Sweet Potato Tots
side items
Fresh Pizza
Fresh Orange Wedges, Fruit Cocktail, Celery Sticks

20
Pizza Sticks w/ Marinara Sauce
Ham, Turkey & Cheese Wrap
side items
Fresh Pizza
Banana, Diced Peaches, Baby Carrots

21
Chicken Patty Sandwich
Penne Caesar Salad
French Fries
side items
Fresh Pizza
Fresh Canataloupe, Applesauce, Baby Carrots

22
No School
side items

25
Memorial Day
No School
side items

26
Cheeseburger
Italian Salad w/ Ham & Roll, Cucumber & Tomato Salad
Vegetarian Baked Beans
side items
Fresh Pizza
Fresh Orange Wedges, Fruit Cocktail, Celery Sticks

27
Chicken Patty Sandwich
Ham, Turkey & Cheese Sandwich
Spinach Salad
side items
Fresh Pizza
Fresh Banana, Diced Peaches, Baby Carrots

28
Cheesy Baked Penne
Hot Dog
Green Beans
side items
Fresh Pizza
Fresh Cantaloupe, Baby Carrots, Applesauce

29
Free Friday!!
Cheese Pizza
Deli Chicken and Cheese Sandwich
Mixed Green Salad
side items
Fresh Pizza
Blueberries, Diced Pears, Fresh Zucchini

Questions? Contact Rick Wilkins
Food Service Director
(518)483-7807 EST.7405

Made with Healthy Whole Grains

Ovo-Lacto Vegetarian, may contain Egg & Milk

Local ingredients are always used when in season

Nutritional Messages may vary by school.

Fresh Fruit, Salad Bar & Cheese Sandwich

Milks :2% - FF - FF Choc

Soup of the Day: Monday - Chicken Tomato Rice, Tuesday - Beef Tomato Rice, Wednesday - Cheddar Broccoli, Thursday - Chili

District Prices
Students: Breakfast $1.00
Lunch $2.10

District Prices
Adult: Breakfast $2.10
Lunch $3.65

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