

3



4

5



6

7



10

**PLAIN BAGEL WITH CREAM CHEESE**

Fruit Juice Assorted  
Fresh Fruit Assorted  
1% White Milk

11

**YOGURT WITH GRANOLA**

Fruit Juice Assorted  
Fresh Fruit Assorted  
1% White Milk

12

**WHOLE GRAIN POPTART**

Fruit Juice Assorted  
Fresh Fruit Assorted  
1% White Milk

13

**CEREAL BOWL WITH A CHEWY GRANOLA BAR**

Fruit Juice Assorted  
Fresh Fruit Assorted  
1% White Milk

14

**BANANA MUFFIN**

Fruit Juice Assorted  
Fresh Fruit Assorted  
1% White Milk

17

**PLAIN BAGEL WITH CREAM CHEESE**

Fruit Juice Assorted  
Fresh Fruit Assorted  
1% White Milk

18

**YOGURT WITH GRANOLA**

Fruit Juice Assorted  
Fresh Fruit Assorted  
1% White Milk

19

**WHOLE GRAIN POPTART**

Fruit Juice Assorted  
Fresh Fruit Assorted  
1% White Milk

20

**CEREAL BOWL WITH A CHEWY GRANOLA BAR**

Fruit Juice Assorted  
Fresh Fruit Assorted  
1% White Milk

21

**CHOCOLATE CHIP MUFFIN**

Fruit Juice Assorted  
Fresh Fruit Assorted  
1% White Milk

24

**PLAIN BAGEL WITH CREAM CHEESE**

Fruit Juice Assorted  
Fresh Fruit Assorted  
1% White Milk

25

**YOGURT WITH GRANOLA**

Fruit Juice Assorted  
Fresh Fruit Assorted  
1% White Milk

26

**WHOLE GRAIN POPTART**

Fruit Juice Assorted  
Fresh Fruit Assorted  
1% White Milk

27

**CEREAL BOWL WITH A CHEWY GRANOLA BAR**

Fruit Juice Assorted  
Fresh Fruit Assorted  
1% White Milk

28

**BLUEBERRY MUFFIN**

Fruit Juice Assorted  
Fresh Fruit Assorted  
1% White Milk

31

**PLAIN BAGEL WITH CREAM CHEESE**

Fruit Juice Assorted  
Fresh Fruit Assorted  
1% White Milk



**Assorted Juices Offered Daily**

Local ingredients are always  
Used when in season

Ovo-Lacto Vegetarian,  
may contain Egg & Milk

**Fresh Fruits Offered Daily**

Whole Grain Breads  
And Grain Products  
Offered Daily

Milks:  
1% white, Fat Free White