

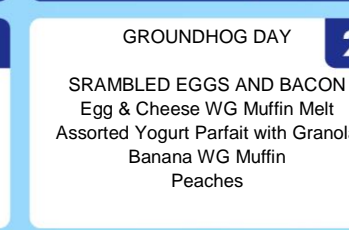
Monday

Tuesday

Wednesday

Thursday

Friday



5
WG PANCAKES WITH SYRUP
 Egg Sausage & Cheese WG Muffin Melt
 Assorted Yogurt Parfait with Granola
 Blueberry WG Muffin
 Oranges

6
SAUSAGE & CHEESE QUESADILLA
 Egg & Cheese WG Biscuit
 Assorted Yogurt Parfait with Granola
 Banana WG Muffin
 Apples

7
BACON, EGG & CHEESE WG PIZZA
 Sausage, Egg & Cheese WG Muffin Melt
 Assorted Yogurt Parfait with Granola
 Chocolate Chip WG Muffin
 Applesauce

8
MINI WG FRENCH TOAST
 Bacon, Cheese & Egg WG Biscuit
 Assorted Yogurt Parfait with Granola
 Blueberry WG Muffin
 Banana

9
EGG & CHEESE WG MUFFIN MELT
 Egg, Cheese & Ham WG Flatbread
 Assorted Yogurt Parfait with Granola
 Banana WG Muffin
 Peaches

12
WG MINI WAFFLES WITH SYRUP
 Egg, Sausage & Cheese with WG Muffin Melt
 Assorted Yogurt Parfait with Granola
 Blueberry WG Muffin
 Oranges

13
WHOLE GRAIN POP TART WITH CHEESE STICK
 Egg, Bacon & Cheese on WG Biscuit
 Assorted Yogurt Parfait with Granola
 Banana WG Muffin
 Apples

14
VALENTINE'S DAY FREE DAY!
VALENTINE'S DAY DONUTS
 Egg & Cheese WG Muffin Melt
 Assorted Yogurt Parfait with Granola
 Chocolate Chip WG Muffin
 Applesauce

15
WG TORT ROLL WITH EGG, SAUSAGE & CHEESE
 Cheese & Egg WG Biscuit
 Assorted Yogurt Parfait with Granola
 Blueberry WG Muffin
 Banana

16
WG SAUSAGE PANCAKE DOG
 Egg, Sausage & Cheese WG Muffin Melt
 Assorted Yogurt Parfait with Granola
 Banana WG Muffin
 Peaches

19
WINTER BREAK
 NO SCHOOL

20
WINTER BREAK
 NO SCHOOL

21
WINTER BREAK
 NO SCHOOL

22
WINTER BREAK
 NO SCHOOL

23
WINTER BREAK
 NO SCHOOL

26
WG MINI FRENCH TOAST
 Cheese, Sausage & Egg WG Muffin Melt
 Assorted Yogurt Parfait with Granola
 Blueberry WG Muffin
 Peaches

27
EGG, HAM & CHEESE WG BISCUIT
 Whole Grain Pop Tart with cheese stick
 Assorted Yogurt Parfait with Granola
 Banana WG Muffin
 Applesauce

28
BACON, EGG & CHEESE WG PIZZA
 Mini Whole Grain Waffles
 Assorted Yogurt Parfait with Granola
 Chocolate Chip WG Muffin
 Peaches



Assorted Cereals with toast Offered Daily
 Local Ingredients are always used when in Season

Prices: Students \$1.00, Adults \$2.40 (tax included)

Assorted %100 Fruit Juices Offered Daily
 Fresh Fruits Offered Daily
 Whole Grain Breads and Bread Products Offered Daily

Milks: 1% White, Fat Free White, Fat Free Chocolate Offered Daily
 Ova-Lacto Vegetarian may contain Egg & Milk
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