

Elementary Breakfast

September 2017

WELCOME BACK!



BACON, CHEESE & EGG BISCUIT

Egg, Cheese & Ham Burrito Strawberry Yogurt Parfait Banana

CHOCOLATE COCO **PUFF DONUT**

Ham, Cheese & Egg Flatbread Blueberry Yogurt Parfait Peaches

11

HAM, EGG & CHEESE MUFFIN MELT

French Toast Sticks with Syrup Blueberry Yogurt Parfait Pears

12

BACON, EGG & CHEESE **FLATBREAD**

Egg & Cheese Biscuit Strawberry Yogurt Parfait Applesauce

13

WHOLE GRAIN POP **TART**

Egg, Bacon & Cheese Pizza Blueberry Yogurt Parfait Apple

14

HAM, CHEESE & EGG BURRITO

Egg, Sausage & Cheese **Biscuit** Strawberry Yogurt Parfait Banana

15

SCRAMBLED EGGS WITH BACON

Egg & Cheese Muffin Melt Blueberry Yogurt Parfait Peaches

18

PANCAKES WITH **SYRUP**

Egg, Sausage & Cheese Muffin Melt Blueberry Yogurt Parfait Oranges

19

EGG & CHEESE **BISCUIT**

Egg, Cheese & Bacon Flatbread. Strawberry Yogurt Parfait **Apples**

20

BACON, EGG & **CHEESE PIZZA**

Cheese & Egg Muffin Melt Blueberry Yogurt Parfait Applesauce

21

BACON, CHEESE & EGG BISCUIT

French Toast Sticks with Syrup Strawberry Yogurt Parfait Banana

22

EGG & CHEESE MUFFIN MELT

Egg, Cheese & Ham Flatbread Blueberry Yogurt Parfait Peaches

25

WAFFLES WITH **SYRUP**

Egg, Sausage & Cheese Muffin Melt Blueberry Yogurt **Parfait** Oranges

26

WHOLE GRAIN POP TART

Egg, Bacon & Cheese **Biscuit** Strawberry Yogurt Parfait Apples

BACON, CHEESE & EGG PIZZA

Egg & Cheese Muffin Melt Blueberry Yogurt Parfait Applesauce

28

Whole Grain Breads

And Grain Products

Offered Daily

TORT ROLL WITH EGGS, CHEESE & SAUSAGE

Cheese & Egg Biscuit Strawberry Yogurt **Parfait** Banana

29

HAM, EGG & CHEESE **FLATBREAD**

Egg & Cheese Muffin Melt Blueberry Yogurt Parfait Peaches

Assorted Cereals Offered Daily Assorted Juices Offered Daily

Local ingredients are always Used when in season

may contain Egg & Milk

Fresh Fruits Offered Daily

Elementary Prices:

Students \$1.00, Adults \$2.30 (tax included)

1% white, Fat Free White, Fat Free Chocolate offered daily

Ovo-Lacto Vegetarian,

This institution is an equal opportunity provider.

